



Wednesday Weekly

18
November
2015

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From the Principal

WORLD EVENTS

Many of us have been deeply touched and saddened by recent terrorist attacks that occurred in Paris and Beirut. Our thoughts are with all those who have been impacted by these tragic incidents.

Children often worry and know more than we realise. Adults may assume that children are doing okay if they don't talk or ask questions about what has happened. We should not underestimate the impact of being exposed to the images on television, newspapers and social media. Such exposure can cause vicarious trauma in adults as well as children. Being open to discussion and ensuring that routines are maintained support children to make sense of their world. Most children and young people will experience normal reactions to something that is distressing and with support from trusted adults around them these reactions will subside.

The Department of Education and Training has provided information to assist adults in addressing and supporting the needs of children in relation to traumatic events. A copy of this resource is included with this week's WW.

NEWS

Congratulations to **Mark O'Halloran** and his wife **Esther** on the safe arrival of baby O'Halloran. Little Patrick O'Halloran arrived on Monday 16 November during fruit and water time weighing in at 8 pounds 9 ounces with a good head of hair. Mum, dad and baby all doing well and we look forward to a WNPS visit some time very soon.

We are in the process of consolidating our staffing needs for next year, and would like to congratulate the following staff members who have obtained ongoing tenure at our school: **Jacqui Matters, Mark O'Halloran, Emily Rogers** and **Chloe Hanley**. After several years of committed service to our school, **Haylee Lyttle** has been successful in obtaining a teaching position at Wales Street Primary commencing next year.

We wish Haylee all the very best as she expands her teaching horizons and thank her sincerely for all her work and dedication whilst at our school.

DONATIONS FOR AYL A

What an overwhelming response we have had from our school community in support of Ayla. By close of business on Friday we had raised over \$2,500 and the donations keep coming in. I am truly overcome by not only the generosity but amazing community spirit which has been demonstrated by individuals and families. Given what is happening around the world at the moment, it is truly comforting to know that we are a part of a community that is supportive, caring and there in times of need. If you have not had an opportunity to record a message for Ayla, please call into the office and note your messages for Ayla in the special book. Early next week, a WNPS delegation will be presenting to Ayla and her family the messages book, together with a cheque for the money raised.

DET STUDENT SCHOLARSHIPS

The Department of Education and Training (DET) administers several student scholarships available to students in Years 4 to 12. **These school scholarships are for students who are studying in Victoria (Australia) and who are citizens or permanent residents of Australia.**

The scholarships are offered to primary, secondary and tertiary students and range in value from \$300 to \$2500. They are generally awarded to students who:

- demonstrate academic achievement
- demonstrate participation in their school and local community
- are in financial need (determined by the parents/guardians being in receipt of a Health Care Card, a Low Income Health Care Card or a Pensioner Concession Card (card reference number required) or the students themselves receiving the Youth Allowance)

The scholarships opened on Monday 16 November 2015 and further information may be found at:

www.eduweb.vic.gov.au/scholarships/

Tina King (Principal)



Tel: 9432 3213 24 hours

Hello everyone. Yay for the worms in our worm farm!! The first worm farm we started is 'on fire'. We have some very hard working little critters in there and sooner, rather than later, we will be sharing their liquid produce around our gardens. The second farm is currently being stocked full and brought up to scratch in the hope it will follow in its big brother's steps. This was truly an exciting moment when Liz and her Gardening Gurus realised the worms had started cooperating. Let's hope they don't take over the school!!!

The boys have also been working hard, trolling through the mass of entries for their 'Cartoon Characters' drawing challenge. We expect the winners to be announced tomorrow afternoon, good luck everyone. Watch this space next week for more information. The girls are in the middle of their challenge. The children participating are creating the most amazing 'Name Plates' - lots of colours and expertise evident. This drawing challenge will continue for the remainder of this week. Only one more challenge penned in for the rest of this year, with the girls busily planning in preparation. A scary prospect I know, but the children are in the process of choosing the craft they would like to participate in during the month of December. Resources have been ordered and voting has begun. Christmas decorating is just around the corner. With only 4½ weeks of school left, the time is going to speed past. We will be ready for next year's enrolment process the week beginning 30 November. Our intention this year is to once again provide families with a complimentary raffle ticket to our end of year hamper's draw. A short feedback survey will be provided along with the 2016 Enrolment form. We are hoping to receive many responses from our families, which in turn will assist us in meeting our family's needs in caring for their children. Payment of the \$15.00 Enrolment fee will be required at the time of enrolment. With 90 places available in both Before and After care next year, we are hopeful of many enrolments - come along and join our fun!

Have a great week folks, be safe and STAY

COOL! Jenny

fundraising committee

J15	\$ 157.10
M22	92.15
J11	88.85
J17	66.70
S1	63.55
M21	63.55
J16	63.00
J18	61.90
J9	59.05
M20	58.10
M19	49.85
J13	45.70
J12	36.00
M23	35.00
M24	34.70
S6	34.30
J8	31.80
J14	27.70
S2	25.00
S3	21.30
S4	20.85
Lose Coins	5.95
TOTAL:	\$ 1,142.10



CONGRATULATIONS TO J15 FOR WINNING OUR 5C DRIVE. Students from J15 will enjoy a lunch order to the value of \$4.00 on Monday - information coming home today.

THANK YOU TO OUR WONDERFUL FRIENDS AND FAMILIES FOR COLLECTING 5C PIECES FOR OUR 5C DRIVE - A FANTASTIC EFFORT!

RAFFLE TICKETS - CAROL'S NIGHT

Raffle Tickets have been distributed to families with this week's WW. Tickets are \$1 each (book of 10 per family). Prizes will consist of donations from the various stall holders.

Please note that there are extra books at the office if you need any. **All tickets and monies need to be returned by no later than Monday, 7 December (including unsold tickets).** The raffle will be drawn at the Twilight Carols Night.

**WNPS
TWILIGHT CAROLS**

FREE ENTRY

Thursday 10th December 2015

5-8pm

Remember to bring gold coins for stalls



Leadership @ WNPS

Term 4 - Week 7

School Captain Nominees 2016

• Successful School Captain applicants will present their speeches to the Year 4 and Year 5 students on Friday 20th November at 11:00am in the Library.

Voting for School Captain 2016

• Voting will commence on Friday 20th November immediately following the School Captain applicants speeches.

School Captain Nominees 2016

• Principal convenes a meeting with all School Captain applicants and successful School Captains and Vice-Captains are announced on Friday 20th November.

Leadership @ WNPS

Term 4 - Week 8

School Captains 2016

• The WNPS School Captains and Vice-Captains are presented to our school community at assembly on Monday 23rd November, 2015

Year 4/5 Leadership Forum

• The House Captain criteria, role statement and leadership process will be outlined by staff and current House Captains in the Hall at 9:30am on Monday 23rd November, 2015.

House Captain Nominations 2016

• Nominations open at 10:35am on Monday 23rd November, 2015.
• Nominations close at 3:30pm on Friday 27th November, 2015.



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****2016 ENROLMENTS ARE OPEN****

New timetable at:

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ST MARY'S PARISH PRIMARY SCHOOL GREENSBOROUGH

St. Mary's is 60!

You're invited to the BIGGEST BIRTHDAY PARTY in Greensborough! ST MARY'S PS FETE on Saturday, 21 November from 10am to 3pm.

There will be Carnival rides including DODGEMS, rock climbing, bungee trampolines and more, market stalls, food, wine, entertainment, spinning wheel, raffles, treasure hunt, lots of FREE STUFF (including free cake), Devonshire tea for adults and special Devonshire tea for kids, AFL handball comp, bubble soccer, basketball, tennis, soft serve ice cream, fairy floss, face paint, tattoo's and so much more ***FREE ENTRY*** Celebrate 60 years St Mary's - 210 Grimshaw Street, Greensborough

Macleod College

presents

Excellence through Engagement



Join us to discover:

- How we empower students to thrive at school
- How a Positive Education can make a difference
- How an engaged school community can improve results

Tuesday 24 November

7pm - 8pm on Tuesday 24th November
Macleod College Performing Arts centre



BUNDOORA PARK ThunderBolts Junior Football Club



PRE REGISTER WITH THE THUNDERBOLTS TO SECURE YOUR SPOT FOR 2016



UNDER 9s to UNDER 17s & Friday Night Auskick

- If you're a CURRENT or NEW (First Time Player) you can go ahead and register on the Team App
- If you haven't already got our user friendly Team App simply search for "TEAM APP" in the App Store and download it on your smart phone, load on computer, and then search for "BUNDOORA PARK JUNIOR FOOTBALL CLUB"
- Once you have signed up you will find a link to registrations on the menu page
- If you're a CURRENT PLAYER who needs a transfer from your existing club, you can contact us to discuss
- Please phone Jason 0425 706 615 or you can also email us: regos.thunderbolts@gmail.com

Register Now!!

Maximum of 24 players per side so don't miss out!!

Go Bolts!!

Bundoora Park Oval Snake Gully Drive, Bundoora



Suggestions for addressing children and young peoples' responses in relation to traumatic events such as the terrorist attacks in Beirut and Paris

Children and young people will have seen and heard about the terrorist attacks that occurred in Beirut on Thursday 12 November, and Paris on Friday 13 November 2015.

The authorities in countries around the world will help to support the people who have been impacted by this event.

Children often worry and know more than we realise. Adults may assume that children are doing okay if they don't talk or ask questions about what has happened. Sometimes they have questions they may not ask unless we provide the opportunity.

Most children and young people will experience normal reactions to something that is distressing and with support from trusted adults around them these reactions will subside. Routines are important when an event like this occurs. School can be very useful to support all children and young people.

Remember sometimes teachers and parents feel like we don't have the answers. It is helpful to remind children and ourselves that there are people working hard to make the current situation better.

Exposure to television, print media and social media

- Many children are likely to be unsettled by the images on television, in the print media and online media reports about the terrorist attacks.
- It is important to understand what sense a child or young person makes of what they are seeing on television or hearing via the media (this includes social media) and what they are hearing in adult conversations.
- It is important to monitor the amount of news coverage they see and hear. Seeing the event over and over again can cause vicarious trauma to adults and children.
- Children and young people may experience sleeplessness and or nightmares about imagined consequences or images from television or print or social media coverage.

Responding to the concerns of children and young people

- Children and young people may need to talk about what they have seen and heard. It is important that we listen to their concerns.
- Keep information factual and dispel any rumours. Don't be afraid to tell them that you don't have all the answers.
- Children and young people may need reassurance about their safety and the safety of those they care about.
- Teachers and parents should listen to the child or young person's cues as to what they want to know about the terrorist attacks. It is important to be honest with children and young people in an age appropriate way.



- It is not unusual for young children to want to be close to those they love and care about.
- Older children will possibly want to discuss the events, it is advisable to clarify information and dispel rumours as this helps them to process the information more accurately.

Advice for Parents

- It is wise for you to monitor your child's exposure to television coverage, print media and social media.
- Some children and young people will want to talk about the tragic events and try to make sense of what they have both seen and heard.
- Other children will avoid any discussion around the events and will be reassured by routine and normality.
- Remember the importance of routine, sleep, exercise and healthy eating.

There is a range of things you can do to assist your child during events such as this, including:

- Acknowledge that the event was distressing
- Reassure children that they are safe
- Look for signs of distress (e.g. some children/young people might be scared)
- Normalise responses - typical response will range from anger to general upset or sadness
- Maintain a normal routine - keeping the structure at home or at school in place
- Allow children to express feelings as they arise
- Telling stories about how people manage during difficult times can be helpful.
- Separate fact from fiction e.g. children may express fears about unrelated events.
- Plan relaxing activities before bed – talk your child through a gentle relaxation, this might include using soothing music and talking them through relaxing tension in their body or simply reading something to them that induces relaxation (i.e. a favourite book).
- Speak in hopeful terms – children and young people will often take their cues from their parents' reactions; if you are honest, calm, compassionate and open they will be much more able to trust that they will be okay.
- Always remember the value of doing something with children that they like to do such as playing, exercising, being outdoors - have a time during your day to share time with your child.



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HOME

ACTIVITIES FROM 4.00pm Sat 21st November, 4.00pm-8.00pm

LOCATION
Macleod Park
Aberdeen Road, Macleod

- FREE children's activities, including face painting, start from 4.00pm
- Movie starts at 6.00pm
- BYO seating and blanket
- BYO picnic
- Sausage sizzle
- Meet your local Councillor Tom Melican and our 'Out and About' team
- Accessible event
- No bookings required

Face painting

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www.banyule.vic.gov.au or call us on 9490 4222



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